

## **CLIENT REFERRAL FORM FOR THERAPY**

## This form is to be completed by the Referrer

| THIS FORM IS CONFIDENTIAL |                    |                  |                     |  |  |  |
|---------------------------|--------------------|------------------|---------------------|--|--|--|
| Name of Child:            |                    |                  |                     |  |  |  |
| Parent/Caregiver:         |                    |                  |                     |  |  |  |
| Address:                  |                    |                  |                     |  |  |  |
| Home Telephone:           |                    |                  |                     |  |  |  |
| Email:                    |                    |                  |                     |  |  |  |
| Date of Birth:            | /                  | /                | Age:                |  |  |  |
| Gender:                   | Male               |                  | Transgender         |  |  |  |
|                           | Female             |                  | Additional Category |  |  |  |
| Name of the organiza      | tion referring:    |                  |                     |  |  |  |
| Name of the person re     | eferring behalf of | the organization | :                   |  |  |  |
| Address of Organizati     | ion:               |                  |                     |  |  |  |
| Date of Referral          | /                  | /                |                     |  |  |  |
| If self-referring (name   | e):                |                  |                     |  |  |  |
| Address:                  |                    |                  |                     |  |  |  |
| Please describe in det    | ail the presenting | concerns.        |                     |  |  |  |



| Has the child had any past emotional or mental health difficulties?  If YES, please provide details (i.e. diagnosis, how long):  | YES          | NO      |
|--|--------------|---------|
|  |              |         |
| Is the child presently taking any medication prescribed by a doctor? Please list medications:  | Ш            | Ш       |
| Does the child have any physical health problems that we should know of? If yes, please  | provide deta | nils?   |
| Does the child have any animal allergies or fears of animals? If YES, please describe:   |              |         |
| Has the child ever been assessed for an intellectual or developmental disability? If YES,  | explain:     |         |
| Please describe relevant background information that will help assist in counselling.  |              |         |
| Does the child have a recent history of violence or aggressive behaviour towards others please state what had or may trigger the client to act out violently and aggressively? | or animals?  | If yes, |



| Does the child have any history of any form of self-harming behaviour? If YES, could you pl details?                                  | lease give |
|---|------------|
| Does the child have any current suicidal ideations, attempts or past attempts? If YES, please below:                                  | e describe |
| Has the child had any recent drug / alcohol abuse, and do they have a history of difficul substances? If YES, please provide details: | lties with |
| Who are the child's primary supports/attachments (i.e.: peers, teachers, caregiver, sibling)?   |            |
| Are there any other areas of concern that we should know about that you feel may require support                                      | rt?        |
| If you would like to see a specific Lil' Therapist, please write their name here:   |            |
| Which of our two locations is the most convenient for you. St. Malo Winnip How did you hear about us?                                 | oeg        |



## <u>PLEASE INCLUDE ANY RELEVANT PRIOR ASSESSMENTS OR INFORMATION PERTINENT TO OUR WORK WITH THIS CHILD</u>

| TO BE COMPLETED BY THE COUNSELLOR UPON COMPLETION |  |  |  |
|---|--|--|--|
| OUTCOME OF ASSESSMENT:                            |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |
|   |  |  |  |

NOW SAVE YOUR FORM AND EMAIL IT DIRECTLY TO DIRECTOR@LILSTEPSWELLNESS.COM